



COME JOIN THE FUN!
Sunday, August 2, 2009



EASTPOINTE LIONS CLUB
5k FUN RUN

AND ONE MILE FITNESS WALK

ALL PROCEEDS BENEFIT LION'S CLUB CHARITIES

Location: Fitness Walk and 5k Fun Run begins and ends in Kennedy Park

Check-in: 7:00-8:45 a.m. at Kennedy Park

Start: One Mile Fitness Walk: 8:30 a.m. 5k Run: 8:45 a.m.

Entry Fee: \$18.00 pre-registration, \$22.00 race day. The entry fee includes:
 * T-shirt
 * Pancake breakfast (\$5.00 per person for non-runners)
 * Raffle entry for all participants immediately following the event

Awards: One Mile Fitness Walk-Medals to the top finishers
 5k Run-Medals to the top three finishers in each age group

Age Groups: (F) 0-20; 21-29; 30-39; 40-49; 50-59; 60-69; 70-above
 (M) 0-20; 21-29; 30-39; 40-45; 46-49; 50-59; 60-69; 70-above

Questions? Contact Kim Lubinski at (586) 899-4076 or schobiek@aol.com

Complete form; make checks payable to: The Eastpointe Lions, P.O. Box 312, Eastpointe, MI 48021

Name: _____ Age: _____ T-shirt size: _____ (S-XXL)

Address: _____ Gender: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____ Race (circle one or both): One Mile Fitness Walk or 5k

Disclaimer: In consideration of the acceptance of my entry application and fee, I hereby release for myself, my heirs, assigns and executors, the Eastpointe Lions Club, the International Association of Lions Clubs, the City of Eastpointe, the Eastpointe Police, race organizers, sponsors and their representatives, either jointly or separately, from any and all injuries suffered by me in said event, whenever discovered. I attest and verify that I have full knowledge of the risks involved in the event and am physically fit and have sufficiently trained for this event.

Signature: _____ Date: _____

Parent or Guardian (if under 18): _____ Date: _____

email address: _____